



January - March 2012
Fast Facts

Preconception Health, 2009

The good:

- Only 6.3% of women of reproductive age reported having asthma currently (2008=13.7%)
- 38.2% of women reported receiving a flu vaccine within the past year (2008=27.7%)

The not so good:

- Only 79% of Louisiana women reported their overall health as good, very good, or excellent (2008=87.5%)
- Nearly 65% of women are currently overweight or obese (BMI > 25) (2008=49.4%)

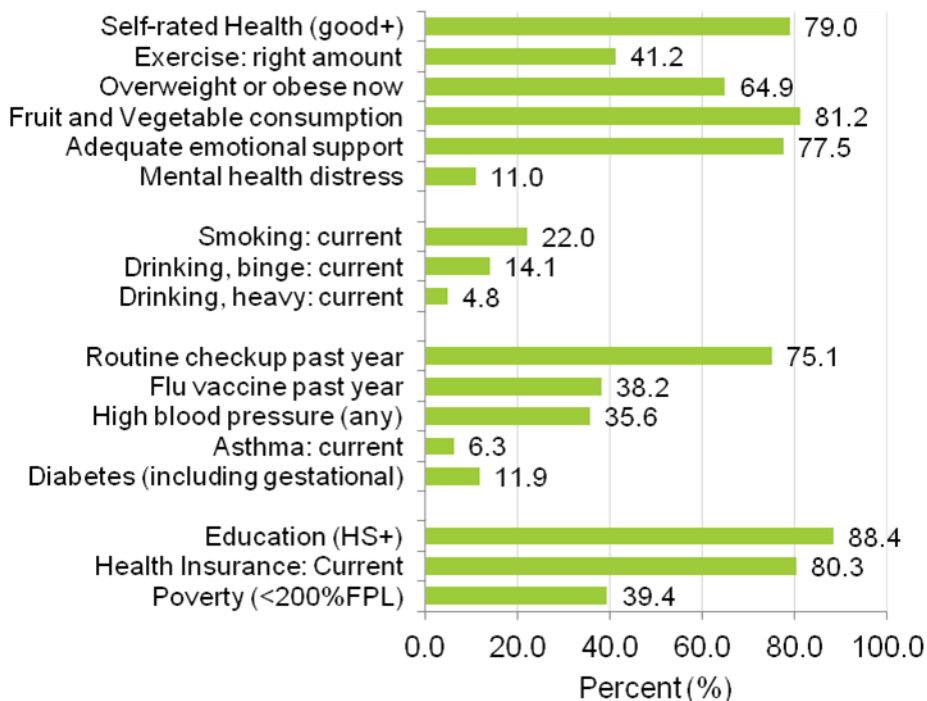
Among women delivering a live-born infant in 2009:

- Over 57% of live births resulted from unintended pregnancies
- 55% of women reported *not* trying to get pregnant and *not* using any form of birth control
- Almost 1 in 3 Louisiana women received information about how to prepare for a healthy pregnancy and baby *prior* to pregnancy (2008=26.9%)

DID YOU KNOW?..

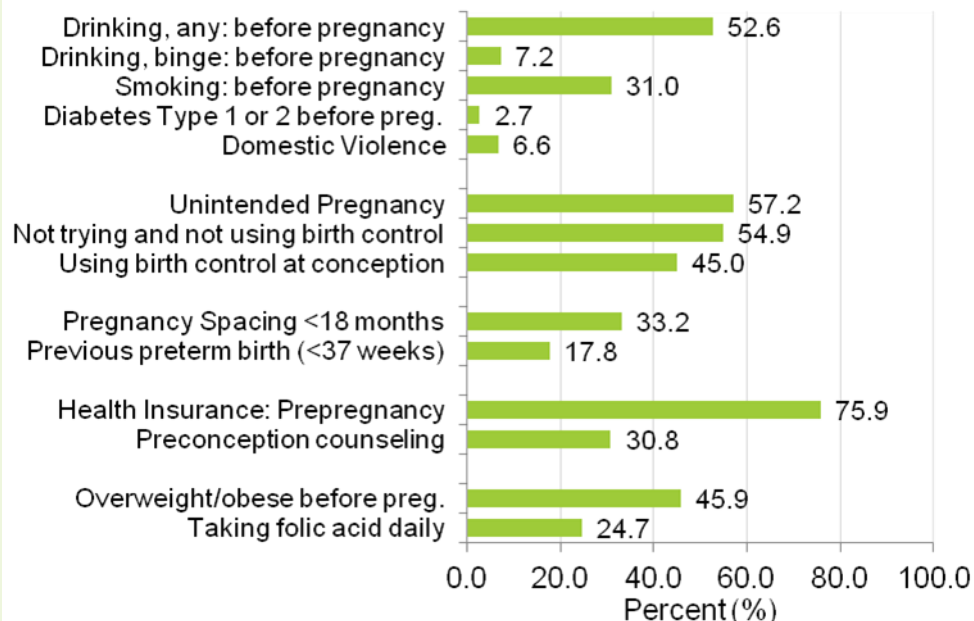
Preconception Health among Louisiana women, 2009

Among Women of Reproductive Age (18-44 years)



Data Source: BRFSS and ASEC

Among Women who Delivered a Live-born Infant in 2009



Data Source: LaPRAMS and Vital Statistics