

# LaPRAMS: FAQs for Health Professionals

The LaPRAMS survey collects data to inform programs and policies.

## What is LaPRAMS?

The Louisiana Pregnancy Risk Assessment Monitoring System (LaPRAMS) is a surveillance project of the Centers for Disease Control and Prevention (CDC) and the Office of Public Health's Bureau of Family Health in Louisiana.

LaPRAMS collects state-specific, population based data on maternal attitudes and experiences before, during and shortly after pregnancy.

LaPRAMS data are statewide and cannot be broken down by region due to sample size.



## What is the goal of LaPRAMS?

To improve the health of mothers and infants by reducing adverse outcomes.

## What types of questions does the LaPRAMS survey ask?

There are questions on several topics including:

- Chronic conditions prior to pregnancy
- Breastfeeding
- Tobacco use
- HIV testing
- Domestic violence
- Infant sleep practices
- Prenatal care

## How is LaPRAMS useful for me?

LaPRAMS provides statewide data that are not available from other sources about pregnancy and the first few months after birth. The data help with:

- Planning programs and resource allocation.
- Identifying groups of women and infants at high risk for health problems.
- Monitoring changes in health and practices.
- Measuring progress towards goals in improving the health of mothers and infants.

LaPRAMS data have also been used by public health professionals to write grant applications, support legislative policies, and program policies.

## Why is LaPRAMS important?

LaPRAMS allows the CDC and the state of Louisiana to monitor changes in maternal and child health indicators to improve the health of mothers and infants.



## Contact LaPRAMS for more information

Find our reports and request LaPRAMS data online at: [www.PartnersforHealthyBabies.org](http://www.PartnersforHealthyBabies.org)

or, call us at: 504.568.3504